



Goto College Massage Treatment Center

Year of foundation:	April 2001
Treatment method:	Complete Physical Therapy (CPT) <ul style="list-style-type: none">- skin care- manual lymph drainage- compression therapy- decongestive exercises- education in selfmassage and advice for everyday living
Number of patients:	approx. 2500
Number of therapists:	13

Goto College Lymphedema Institute

Year of foundation:	December 2007
Aims/	- provide evidence of CPT efficacy in cooperation with patients, medical doctors, and health care professionals
Activities:	- ensure a standard lymphedema treatment plan on the basis of medical diagnosis - cooperation with universities and research institutes - support for the NPO Medical Lymphdrainage Association of Japan - support for lymphedema treatment training institutes - support for lymphedema out-patient treatment center start-ups - enhancement of a national and international lymphedema network to provide an environment in which patients can undergo a safe treatment